# The universal

vital

## energy

### REIKI for your soul:

- $\cdot$  Relaxation
- · Well-being
- Happiness
- . Emotional balance
- Self-confidence



## REIKI for your spirit:

- Freedom from daily stress
- · Self-opening and opening towards others
- · Awareness of/ release from negative intellectual structures

## REIKI for your body:

- · Pain relief
- · Better blood circulation
- $\cdot$  Detoxification
- · Easing of tension
- · Pleasant warmth
- · Quick healing of wounds
- · Illness prevention



As a simple self-treating method REIKI is always at hand ! Only a short session takes our stress away, makes us strong and clearheaded for the rest of the day!

Reiki . . .

is helpful for all caring, nursing, medical and therapeutic tasks.

is a wonderful support during pregnancy as well as during and after birth

can be very well combined with healing methods and therapies and be used parallel to medical and psycho-therapeutic treatments (e.g.. tinnitus, depression, etc.)

accompanies perfectly relaxation and meditation methods such as Yoga, Tai Chi, Chi Gong, Shiatsu, etc

is effective not only for people, but also for animals and plants!

Single and group seminars: REIKI I. degree, II. degree, REIKI Master and Teacher Direct and telepathic treatments/ also ear and chakra candles House/Car/Mobile protection against interferences, microwaves, radiations, spiritual surgery etc.

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